

The Community Plate Theory of Change

VISION

A healthy food system underpins the health, wellbeing and resilience of our community

ASPIRATION

We are all connected to food that is local, nourishing & abundant

FOCUS AREAS

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Food Literacy

OUTCOMES

There is greater diversity in the places and ways people can access nourishing food

Food outlets are in locations where people can access

There is a strong connection between farmers, producers and our community

An alternative food network is thriving, affordable & strong

Local producers have viable ways to supply affordable local food

People have the knowledge, skills and behaviours to plan, select, prepare, share, eat and dispose of food

People understand where food comes from

People connect with diverse food cultures and practices

Food and the local food system is enjoyed and celebrated

OBJECTIVES

To increase the number of places and ways people can access nourishing food

To increase the connection between farmers, locals and producers

To increase opportunities for the community to engage in food production

To decrease the number of local food deserts and swamps

To increase the development and uptake of affordable alternative food network options

To increase ways local producers can supply affordable local food

To increase the affordability of nourishing food for local priority groups

To increase opportunities to participate in circular economy / waste management strategies

To increase the understanding of sustainable food-related practices

To create opportunities to increase knowledge, skills and behaviours

STRATEGIES

Strengthen connection to local supply

Increase neighbourhood access to nourishing food

Maximise local spaces to increase community access

Understand and reduce food waste

Increase children's understanding of and acces to nourishing foods through schools and early years centres

Support resourcing to strengthen the local food system

Increase understanding of food literacy across the community

Strengthen the policy environment for food systems work

Action

Action

Action

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