

Welcome

Aims for the session



Today we will be

- Demonstrating how to make an in-garden worm farm to minimise food waste
- Then we will be planting some seedlings into a pot to take home
- Whoever doesn't want to plant into a pot and prefers to put seedlings into their garden can have a peat pot

Educator notes:

Ask who has grown food before / grown plants before - Hands up. This will give you an idea of the experience in the room.

Have an information table set including:

- Info about growing and contacts for support.

Ideally you would have someone along from your local community garden as a way of encouraging participants who don't have space for growing food at home.

- Introduce people from local community garden. Their names are? The location of the garden is? The contact details can be found?
- You are invited to join the garden/ Community Garden, request a garden plot to grow in and get support with your gardening.
- Does anyone have friends who are gardeners? Ask them for support with your questions about growing